

About Us

We are a local self-funding independent charity. Providing support and accommodation for adults with learning disabilities.

We Offer:

- Volunteering opportunities
- Employment opportunities
- Training opportunities
- Varied fund-raising events throughout the year

Services We Provide:

- A range of accommodation services in Harpenden
- A variety of active lively social clubs
- Outreach services within the local community
- A Charity shop in Southdown

We currently provide **accommodation for 30 people, work experience and support in the local community** to help people lead normal lives

About Learning Disability

Some people live on their own and go to work. They may still need some support, for example to manage finances.

Others may need support on a more involved and regular basis.

If you require support, please contact Harpenden Mencap.

Around 2% of the people in England have a learning disability.

National Mencap also provide a free Learning disability helpline: **0808 808 1111** and email: **helpline@mencap.org.uk**.

About Our Events:

**Supported Living Service
Residential Services
Domiciliary Services
Employment Experience
Outreach Services**

Harpenden Mencap organises and benefits from many fundraising events held throughout the year.

Film Nights

Takeover of Wesley's Café and cake sale at the Methodist Church Hall
Annual quiz night
Team entry in the St. Albans Half Marathon
Soul Fish performance

Coming up we have:

A Golf day at Harpenden Common Golf Club
3 peak challenge
Cycling lands End to John O' Groats

You can get involved or organise your own event to support us.

About Care Services We Provide:

Harpenden Mencap currently has three services which we offer within the local area. All our services are provided by a qualified and professional staff team.

We are committed to putting our service users at the heart of everything we do.

Care packages are tailored to individual needs, including those who have profound physical disabilities, Autism, Asperger's and mental health diagnoses.

About volunteering for us

Our shop is staffed by **managers, trainees and volunteers.**

local
mencap
Harpenden

Support your local Harpenden charity

Meet new people | Make a difference

Opportunities:

- Drive our vehicles on days out
- Offer support in our social clubs
- Work in our charity shop
- Be part of our events organising team
- Take part in our fundraising events
- Become a trustee
- Support clients to attend activities/daytrips

About our charity shop

In Southdown

Our shop supports

Supports our fundraising efforts
Provides retail training for people with learning disabilities
Provides opportunities for young people to gain work experience e.g. Duke of Edinburgh Award Scheme

Help us by:

- Volunteering with our friendly welcoming team
- Donating unwanted items and gifts
- Shopping for a bargain

About donations and legacies

All donations make a huge difference and help us to:

- Run our clubs and activities
- Enable our people to achieve their potential
- Invest in our services
- Provide additional staff in times of need

About employment with us:

Are you looking for your first job?
Do you want a change of career?
Are you a people person?
Are you kind, creative, energetic and patient?
Do you like fun, jokes and being part of a supportive team?
Can you care for amazing people?

If the answer is Yes, please contact us to have a chat



We are constantly growing, and roles become available regularly. **We always want to meet people** who could work well with our service users and current staff team.

You can donate by:

Completing our donation form
Leave a legacy in your will
Amazon Smile
(smile.amazon.co.uk)
Give as you Live
(giveasyoulive.com)

